

Daniel Daylamani, M.D., PLLC

Telepsychiatry Consent

Effective Date: 02/22/23

This Telepsychiatry Consent contains important information about the delivery of psychiatric services using video conferencing software. Please read this carefully and let me know if you have any questions.

My Telepsychiatry Practice

My telepsychiatry practice provides remote delivery of mental health assessment and treatment, including medication management and psychotherapy, through the use of two-way, audio/visual technology over a secure, HIPAA-compliant, teleconferencing platform called “Charm EHR” (Electronic Health Record). It is distinct from traditional face-to-face encounters because we will access a shared video session from separate, physical locations. My telepsychiatry practice allows me to electronically prescribe medications to a pharmacy of your choice, obtain electronic prior authorizations, submit lab orders to a Labcorp facility near you and to receive lab results.

Benefits

Telepsychiatry is preferred by many patients as it allows them to attend appointments from the comfort of their own home or office. This cuts down on lengthy commutes and the need to take time off work. It also allows access to psychiatric care for patients living in more remote locations. Additionally, telepsychiatry offers an added level of confidentiality in that you don’t have to sit in a waiting room with other patients before your visit.

My ability to electronically prescribe medications, obtain electronic prior authorizations, electronically request lab work and receive lab results save you time and effort since the process is streamlined and there is no paper work to lose or forget.

Since you are required to keep a credit or debit card on file, you are automatically billed at the time of service which saves you time having to login to the patient portal to make a payment. A payment receipt is also automatically sent to the patient portal.

The “Charm EHR” (Electronic Health Record) has an online HIPAA-compliant patient portal which is a one-stop shop where you can receive documents (such as consent forms and privacy practices, etc.), schedule and cancel appointments, securely message your doctor, view your appointment summary, patient chart, lab results, medications and payment receipts. It enables you to keep your psychiatric treatment information in one easily-accessible location.

Risks

The main risks of telepsychiatry occur when the technology (speakers, microphones, cameras, Internet, teleconferencing and electronic prescription software) malfunctions. These malfunctions may temporarily impair communication between us which may result in the need to reschedule appointments. The Charm

EHR platform is secure and HIPAA-compliant to mitigate security breaches. Unfortunately, it is not possible to guarantee with 100% certainty that a security breach will not take place.

You are solely responsible for any costs to obtain any necessary equipment, accessories, or software to take part in telepsychiatry. A computer with a camera or a smart phone with a camera is generally sufficient equipment to attend telepsychiatry appointments. You will need to download the free “Basic” version of Zoom desktop mobile plugin and/or mobile app on your phone to be able to attend telepsychiatry appointments. You do not have to sign up for the paid version of Zoom.

If I believe you are experiencing a crisis, the telepsychiatry format may make it more difficult for me to arrange emergency care as I will be less aware of your local psychiatric resources (therapists, inpatient psychiatric hospitals, substance abuse treatment centers, intensive outpatient programs, partial hospitalization programs and crisis centers).

There is also potential for other people to overhear our communication if you are not in a private location during the appointment. I will take reasonable steps to ensure your privacy on my end. It is important for you to find a quiet, private location to attend appointments where you will not be interrupted or overheard.

Confidentiality

I have a legal and ethical responsibility to make my best efforts to protect all communications that are a part of our telepsychiatry sessions.

You should also take reasonable steps to ensure the security of your communications (for example, only using secure networks for telepsychiatry sessions and having unshared passwords to protect the device you use for telepsychiatry).

Charm EHR uses updated encryption methods and HIPPA-compliant software to keep your information private. However, there is a very small risk that your electronic communications may be compromised in the case of a security breach.

The extent of confidentiality and the exceptions to confidentiality are detailed in the “Notice of Privacy Practices”.

Alternatives

Participation in telepsychiatry is **voluntary**. You may withdraw your consent in writing at any time.

It is my strong preference that our appointments be held by audio/visual teleconferencing software (Zoom). In instances of technological failure or other extenuating circumstances, appointments may be held by telephone. If you do not want to hold an appointment by phone, your telepsychiatry appointment may be rescheduled to a later date if not clinically urgent.

If the telepsychiatry session is interrupted, we will first attempt to reconnect. If unsuccessful in reconnecting via telepsychiatry, I will call you by telephone. You may also call me at (720) 292-7885 in the event that we are disconnected.

If there is a technological failure and we are unable to resume our appointment by either telepsychiatry or telephone, you will only be charged the prorated amount of appointment time attended.

Your Consent for the Use of Telepsychiatry

- You attest that you have received, read, understood and agree with the above risks, benefits, confidentiality and alternatives, and voluntarily agree to conduct appointments with Daniel Daylamani, M.D. remotely through the use of telepsychiatry.
- You agree that if, during a telepsychiatry session, Dr. Daylamani believes you are in a psychiatric or medical emergency or you pose an imminent danger to yourself or others, he may call 911 to arrange emergency services on your behalf.
- You agree that in an emergency situation, if you are experiencing a crisis, or having suicidal or homicidal thoughts, or are a danger to yourself or others, you will contact 911, or go to the nearest Emergency Department.
- You agree to use the Charm EHR patient portal to manage your interactions with Dr. Daylamani.
- You acknowledge that Dr. Daylamani does not consent to being recorded and will not be recording you during your visit.
- You agree not to allow others to be present or to listen to your visits without the acknowledgement and agreement of Dr. Daylamani.
- You agree to take reasonable steps to ensure privacy during the telepsychiatry session, and not to be in a public place where other people can overhear our conversation.
- You agree not to attend telepsychiatry appointments while driving.
- You acknowledge that you are financially responsible for providing your own secure internet connection and personal device with camera, microphone and speakers and that these are functional at the time of your visit.
- You agree to install the free “Basic” Zoom desktop mobile plugin or mobile app to facilitate the telepsychiatry session before your appointment. You do not need to purchase the paid version of Zoom.
- You agree to be physically located in a state where Dr. Daylamani is licensed (Texas, Colorado or Washington State) at the time of your appointment. Per current legal guidelines, I may not hold a telepsychiatry appointment with you if you are located in any other state.
- You agree to keep a credit or debit card on file to be billed at the time of service. Accepted cards include Visa, Mastercard, Discover and American Express.
- You agree that all of the above has been explained to your satisfaction and that you have had the opportunity to clarify any of the above points that were unclear to you.
- You agree that this Telepsychiatry Consent may be revoked by either of us in writing at any time for any reason.

Before your first appointment, you must sign an acknowledgment in the “Questionnaire” section of the patient portal stating that you’ve received, read, understand and agree to these policies.